

MONEY *Joyfully*

EMPOWERING YOUR VOICE

Check one situation where you are afraid or reluctant to give voice to your value:

- Stating your fees
- Negotiating with a vendor
- Asking for a new client's payment when being hired
- Asking a client to get current with their payments
- Negotiating with a client who wants to drop out of a program
- When a client keeps asking for more than what was initially agreed upon
- Asking a client for a non-refundable deposit
- Saying "no" when asked for a discount
- Saying "no" when a client asks to prolong or extend the timeframe of their program
- When a client questions your fees or the value of your services
- Asking for a loan
- Being asked for a loan
- Discussing expenditures with your spouse/partner
- Discussing money with your family
- Telling your friends or family you're purchasing something such as a new car or a house
- Telling your spouse/partner you want to invest in your business
- Discussing financial goals and dreams with your spouse/partner
- Discussing debt with creditors
- Discussing debt with your spouse/partner
- Asking for a raise or negotiating your salary
- Discussing with your spouse/partner or family why you are creating debt to invest in your business
- Other: _____

In the situation you checked, what are you secretly afraid of (check the one that feels the most true for you):

- rejection
- not being liked
- not being approved of
- being judged
- losing love
- having nothing

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How would it feel if being afraid of _____ (what you checked above) were no longer important to you?

As someone who illuminates _____ what is important to you about using your voice in this situation?

(Fill in with your #1 Archetype's Illuminating Element)

As someone who is _____, _____ and _____ what message do you want to express in this situation? (Fill in with your #1 Archetype's Sacred Strengths)

As someone who values _____ what action will you take?

(Fill in with your #1 Archetype's Empowering Money Mindset)

After you have spoken up, step into GRATITUDE...in what way did you stand in your power?